



Anne Dancey
PLASTIC SURGERY

Gynaecomastia Compression Garments

Why should I use a medical compression garment?



It is essential that the compression garment worn during the recovery period provides targeted compression, to reduce swelling and to help shape the chest.

Compression garments need important features like flat, non-marking seams, inner panels that provide the targeted compression necessary during healing, and no labels or anything that will irritate your skin during extended wear.

The hospital provides two compression garments to wear after surgery. These will be measured for you immediately after the procedure, so that you will wake up in them. Please

wear the garments day and night for 4 to 6 weeks, although they can be removed to wash and then reapplied.



I hope you find this information useful. If you have any questions or require a little more information then please do not hesitate to [contact me](#).



Anne Dancey

Plastic and Reconstructive Surgeon