



Anne Dancey
PLASTIC SURGERY

Lymph Node Transfers with DIEP Flap Reconstruction Compression Garments

Why should I use a medical compression garment?



It is essential that the compression garment worn during the recovery period provides targeted compression, to reduce swelling in the abdomen and to help shape the breasts and form a pleasing contour.

Compression garments and bras need important features like flat, non-marking seams, inner panels that provide the targeted compression necessary during healing, and no labels or anything that will irritate your skin during extended wear.

The hospital provides 2 abdominal compression garments to wear after surgery. These will be fitted once the abdominal drains have been removed and you are ready to go home. Please wear the garments day and night for 4 -6 weeks, although they can be removed to wash and then reapplied.



You will need to purchase 2 bras to bring into hospital with you, so you can wash one and wear one. I recommend [Veronique](#) compression garments. They can be ordered online and I suggest that you purchase 2 bras, so you can wash one and wear one. The [allyssandra 2" band cotton knit bra](#) is ideal for DIEP breast reconstructions. I would recommend that you wear this for 6 weeks following your surgery.



I hope you find this information useful. If you have any questions or require a little more information then please do not hesitate to [contact me](#).

Anne Dancey

Plastic and Reconstructive Surgeon