



Anne Dancey  
PLASTIC SURGERY

## Post-Operation Instructions for Blepharoplasty Patients

### Sutures

The incisions are closed with dissolvable sutures that need removing after 5-7 days. The ends of the suture will be kept long to avoid tying knots that possibly cause problems. They are held securely with small pieces of tape and the suture will be removed at your first follow-up appointment. You can wash your face but try and avoid getting the sutures and strips of tape wet.

### Medication

The hospital will discharge you with analgesia and eyedrops, which you should use regularly for 2 weeks or longer should you need them.

### Follow up

Before you are discharged from hospital you should be given a follow up appointment with the nurse after 1 week. I normally see you in clinic between 4 and 6 weeks, although I will see you sooner if you have any problems. You should also be given some contact numbers in the event of any problem. If you have any questions or concerns about your recovery, please do not hesitate to email me ([anne@annedancey.co.uk](mailto:anne@annedancey.co.uk)) and I will endeavour to get an answer to you the same day. Obviously, if it is more urgent then please contact the ward or clinic on the hospital numbers you will be provided with. In the unlikely event of an emergency, you must phone the hospital or visit your closest NHS Accident and Emergency (A&E) Department.



I hope you find this information useful. If you have any questions or require a little more information then please do not hesitate to [contact me](#).

Anne Dancey

Plastic and Reconstructive Surgeon