



Anne Dancey  
PLASTIC SURGERY

## Post-Operation Instructions for Face Lift Patients

### Sutures

The incisions are closed with fine non-absorbable sutures as they give a better scar. They need to be removed by the nurse 6-7 days after surgery in the clinic. You will be given an appointment for this prior to leaving the hospital.

### Dressings

I use chloramphenicol antibiotic ointment to cover the incisions and there will be no other dressings required. You can wash your face and hair but please avoid the incisions for the first 48 hours. You will be given the tube of ointment to take home and apply to the incisions twice a day.

### Medication

The hospital will discharge you with analgesia and antibiotics. Your antibiotics should be taken for 5 days.

### Follow up

Before you are discharged from hospital you should be given a follow up appointment with the nurse for 6-7 days post surgery to remove your sutures. I normally see you in clinic between 4 and 6 weeks, although I will see you sooner if you have any problems. You should also be given some contact numbers in the event of any problem. If you have any questions or concerns about your recovery, please do not hesitate to email me ([anne@annedancey.co.uk](mailto:anne@annedancey.co.uk)) and I will endeavour to get an answer to you the same day. Obviously, if it is more urgent then please contact the ward or clinic on the hospital numbers you will be provided with. In the unlikely event of an emergency, you must phone the hospital or visit your closest NHS Accident and Emergency (A&E) Department.



I hope you find this information useful. If you have any questions or require a little more information then please do not hesitate to [contact me](#).

Anne Dancey

Plastic and Reconstructive Surgeon