



Anne Dancey  
PLASTIC SURGERY

## Post-Operation Instructions for Liposuction Procedures

### Sutures

The small stab incisions from the liposuction cannula are closed with a dissolvable suture that does not require removal. It will fall out after 2 weeks.

### Dressings

The incisions are covered with a waterproof plaster that can be removed after a week. You will be given spare dressings to take home should they need replacing. You will be given a compression garment to wear which will put on in theatre, so that you wake up in it. It should be removed every day so you can wash and check the skin is ok. You can reapply it once you have showered.

### Medication

The hospital will discharge you with any analgesia you require.

### Follow up

Before you are discharged from hospital you should be given a follow up appointment with the nurse after 1-2 weeks. I normally see you in clinic between 8 and 12 weeks, although I will see you sooner if you have any problems. You should also be given some contact numbers in the event of any problem. If you have any questions or concerns about your recovery, please do not hesitate to email me ([anne@annedancey.co.uk](mailto:anne@annedancey.co.uk)) and I will endeavour to get an answer to you the same day. Obviously, if it is more urgent then please contact the ward or clinic on the hospital numbers you will be provided with. In the unlikely event of an emergency, you must phone the hospital or visit your closest NHS Accident and Emergency (A&E) Department.



I hope you find this information useful. If you have any questions or require a little more information then please do not hesitate to [contact me](#).



Anne Dancey

Plastic and Reconstructive Surgeon